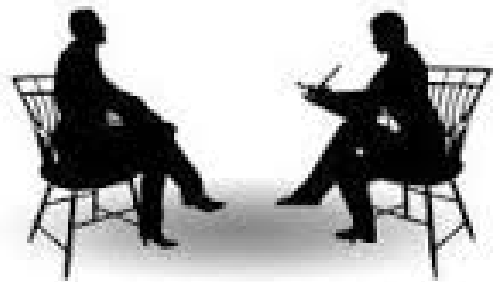


THE ARCUS PROGRAMME

EMPLOYABILITY COACHING FOR YOUNG ADULTS



Employers are looking for more than good qualifications and skills. They want to employ young people with a strong work ethic, initiative, effective communication skills and an entrepreneurial approach.

Our programme is aimed at 18 – 25 year olds preparing for work. It offers a one day workshop and optional **1:1** coaching. The workshop includes self awareness of thinking and behaviour patterns relevant to working styles, coaching support around goal setting and CV and interview preparations.

Students will each receive a personality profile report, a job finding toolkit and personal CV advice.

Courses are run in Aspley Guise, Bedfordshire (www.sipala.co.uk) and cost £150 per delegate and we are offering a special rate of £75 per person if you bring a friend.

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